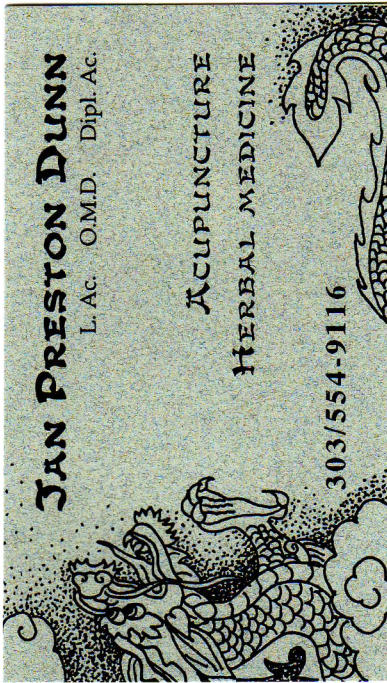


HEALTH IS ABOUT BALANCE



Hi!!!!!! My name is **Jan Preston Dunn**. I have been a licensed acupuncturist and herbalist for 18 years and am currently a clinic supervisor at Southwest Acupuncture College and Colorado School of Traditional Chinese Medicine. I also participate as an examiner for the National Certification Commission for Acupuncture and Oriental Medicine, assisting students to become licensed acupuncture practitioners.

I enjoy helping people with a variety of health issues ranging from musculo-skeletal aches and pain, headaches, insomnia, stress-related disorders, sinus congestion, PMS and menstrual irregularities, menopausal complaints, digestive disorders, and allergies.

Acupuncture, Oriental massage, Qi Gong healing techniques, and Chinese herbs are the basis of my treatment approach. However, I always spend extra time with my clients in order to determine the **source** of their health problems. We then work together as a team to modify those factors, such as poor diet, inadequate exercise, stress levels, etc., which are contributing to their current manifestation of "disease". I have found that when my patients learn to heed their bodies' distress signals and respond appropriately with what their body needs, they learn to achieve that balance that brings health, well-being, harmony, and joyful living.

For an appointment, call (303) 554-9116